



Para- Medical Program

Specialization	Nursing
Course Number	020802263
Course Title	Nursing Care of Children
Credit Hours	3
Theoretical Hours	3
Practical hours	0

Course description

This course is designed to assist the Associate Degree Nursing student to acquire the knowledge and skills needed for providing comprehensive nursing care to newborn, infants, children and adolescents. During this course, the students will learn about the principles of disease prevention, maintenance and restoration related to children at the different age groups within the framework of the nursing process.

Course objectives :

Intended Learning Outcomes

Upon the completion of this course the student will be able to:

A. Knowledge & Understanding

1. Understand concepts and related principles related to child health nursing that reflect care of children from a wellness to an illness perspective.
2. Describe different nursing approaches to the assessment and provision of care for children.

B. Intellectual skills

1. Delineate the role of the child health nurse in providing care for children at the primary, secondary and tertiary levels of care for the different age groups.
2. Discuss the growth and development of children from birth throughout adolescence with emphasis on the methods of assessment.

C. Subject specific skills

1. Outline a plan of nursing care for the child and adolescent with a common health problems.

Course outline:

Unit No.	Unit Name	Unit Content	Time Needed
1	Primary Nursing Care of children Growth and development of children	1. Health assessment of Growth and development of children. 2. Nutritional needs of children. 3. Principles of child care. 4. play. 5. Immunization of children against communicable diseases.	10
2	Nursing Care of Children with Common Health Problems	The nursing care of the child with: <ul style="list-style-type: none"> • Respiratory alterations • Gastrointestinal alterations • Cardiovascular alterations • Hematologic or immunological alterations • Genitourinary alterations • Cerebral alterations • Endocrine alterations • Integumentary alterations • Musculoskeletal alterations • Neuromuscular alterations 	30
3	Tertiary nursing care of children	The nursing care of the child with: <ul style="list-style-type: none"> • Chronic diseases. • Special needs. 	8

Teaching/Learning strategies:

Interactive lectures, Small group discussion, Role-play, simulation for counseling, history taking, health education, and health assessment of children, Handouts, Guest speaker if required.

Exams and method of evaluation:

According to the study instructions

References:

1. Hockenberry, M. J., & Wilson, D. (2016). Wong's Essentials of Pediatric. (10th Ed.) Elsevier Health Sciences, USA.
2. Hockenberry, M. J., & Wilson, D. (2014). Wong's Nursing Care of Infants and Children, (10th ed.) Elsevier Health Sciences, USA.
3. Pilliteri, A. (2014) Maternal and child Health: Care of the growing family, (7th Ed.) New York: Lippincott Williams & Wilkins
4. Price, D. & Gwin, J. (2012). Pediatric Nursing An introductory text. (11th Ed.) Saunders